



400 North Chestnut St., Derry PA 15627

DR. MORGAN'S THOUGHTS ON... YOUR SMILE

Your smile says more about you than any other physical feature. A bright and confident smile will leave a lasting impression on everyone you meet. Think about your smile. Are you happy with it? Does your smile affect your ability to do business? Do you feel you are perhaps being overlooked for an advanced position due to the quality of your smile? Do you start to genuinely smile and then catch yourself because you are embarrassed? People who are not pleased with their smile may not feel comfortable being themselves in social circumstances and in work situations.

At Morgan Dentistry we believe every smile is unique and we treat each one that way. We want you to know that no issue is too large or small and that we can put the sparkle back into your smile. We realize every patient and situation is different and can provide many options for improving your smile. We tailor the treatment to fit the individual. Call us today and find out how we can help. At Morgan Dentistry, we're here for you and can help you achieve pride and confidence in your smile.

NATIONAL CHILDREN'S DENTAL HEALTH MONTH



Helping your children remain cavity free is a process that starts before they even get their first tooth. Gently wiping your baby's gums with a soft, moist wash cloth allows the baby to become accustomed to having his/her teeth cleaned in the same way. When your child has his/her first eight teeth, a tiny, soft toothbrush, moistened with just water should be used to gently brush both the front and back of teeth after eating. As the back teeth come in they should also be brushed. It is very important that neither solid nor liquid food is left on the teeth as it can speed the development of cavities. Around the age of six the first adult teeth come in at the back corners of the jaws. These "six year molars" emerge before any baby teeth are lost. To avoid decay, these first adult teeth should be given special attention when brushing. Regular dental checkups during these early years can help your child remain cavity free. We

can assist you in providing the optimal care for your child and assess growth and any abnormality in jaw/teeth alignment. If prior to the first dental exam you happen to detect a problem or irregularity in your child's oral health you should make an appointment for evaluation; otherwise, 18-24 months of age is appropriate for the first dental visit. We will make sure everything is developing normally and, more importantly, ensure that your child is introduced to the lifelong habits necessary to remain cavity free. Last year in honor of National Children's Dental Health Month, Morgan Dentistry donated care for a high school student who was otherwise unable to afford a dental visit. Morgan Dentistry is currently in the process of selecting another child for sponsorship this year.

AMERICAN HEART MONTH / CARDIO BOOT CAMP

February is American Heart Month and Dr. Ed & Jeanie have been attending a Cardio Boot Camp, which is an excellent way to improve your overall heart health. Their instructor is Lynn DeFabo, a certified personal trainer. Lynn is generously offering a FREE Cardio Boot Camp Class to all patients of Morgan Dentistry; please call our office for details.



STAFF NEWS

- Dr. Ed Morgan was honored to receive a Paul Harris award from Rotary International for his contributions to the Rotary Foundation. Two of the foundation's goals are: to globally eradicate polio and provide access to safe drinking water. Dr. Ed Morgan is president-elect of the Latrobe Rotary Club.
- Our dental assistant, Shari, fulfilled a lifelong goal and took the polar bear plunge along with her daughter, Kara, on New Year's Day. They both jumped through a hole in the ice into the Youghiogheny River. The event raised donations for the Connellsville Community Ministry's food bank. Shari and Kara enjoyed it so much, they plan to plunge again next year.
- Morgan Dentistry looks forward to participating in the Latrobe Relay for Life this June, using their booth to raise awareness for oral cancer. The American Cancer Society Relay for Life is a life-changing event that gives everyone in communities across the globe a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease.
- Patti, our hygienist, is maintaining her cardio health by attending kickboxing classes three times a week.

TOYS FOR TOTS

Our Toys for Tots campaign was a great success and we want to take a moment to thank all of our patients and friends who took the time to participate. The results quite simply exceeded all expectations for the toy drive in support of the area's children in need and we couldn't have done it without your help.